

Calculating Time Constants and Expiratory Time
Use three time constants to calculate the expiratory time

1. Given a static compliance of 30 mL/cm H₂O and a Raw of 25 cm H₂O/L/sec, calculate the following.
 - A. 1 time constant = $0.03 \text{ L/cm H}_2\text{O} \times 25 \text{ cm H}_2\text{O/L/sec} = 0.75 \text{ seconds}$
 - B. Expiratory time = $.75 \text{ seconds} \times 3 = 2.25 \text{ seconds}$
2. Given a static compliance of 60 mL/cm H₂O and a Raw of 15 cm H₂O/L/sec, calculate the following:
 - A. 1 time constant = $0.06 \text{ L/cm H}_2\text{O} \times 15 \text{ cm H}_2\text{O/L/sec} = 0.9 \text{ seconds}$
 - B. Expiratory time = $0.9 \text{ seconds} \times 3 = 2.7 \text{ seconds}$
3. Given a static compliance of 20 mL/cm H₂O and a Raw of 20 cm H₂O/L/sec, calculate the following:
 - A. 1 time constant = $0.02 \text{ L/cm H}_2\text{O} \times 20 \text{ cm H}_2\text{O/L/sec} = 0.4 \text{ seconds}$
 - B. Expiratory time = $0.4 \text{ seconds} \times 3 = 1.2 \text{ seconds}$
4. Given a static compliance of 40 mL/cm H₂O and a Raw of 35 cm H₂O/L/sec, calculate the following:
 - A. 1 time constant = $0.04 \text{ L/cm H}_2\text{O} \times 35 \text{ cm H}_2\text{O/L/sec} = 1.4 \text{ seconds}$
 - B. Expiratory time = $1.4 \text{ seconds} \times 3 = 4.2 \text{ seconds}$
5. Given a static compliance of 15 mL/cm H₂O and a Raw of 30 cm H₂O/L/sec, calculate the following:
 - A. 1 time constant = $0.015 \text{ L/cm H}_2\text{O} \times 30 \text{ cm H}_2\text{O/L/sec} = 0.45 \text{ seconds}$
 - B. Expiratory time = $0.45 \times 3 = 1.35 \text{ seconds}$
6. Given a static compliance of 80 mL/cm H₂O and a Raw of 6 cm H₂O/L/sec, calculate the following:
 - A. 1 time constant = $0.08 \text{ mL/cm H}_2\text{O} \times 6 \text{ cm H}_2\text{O/L/sec} = .48 \text{ seconds}$
 - B. Expiratory time = $0.48 \text{ seconds} \times 3 = 1.44 \text{ seconds}$