

## MODULE D

### 1. COMPLIANCE CASE STUDIES

- a. Adam Johnson is a 32 year old male who is hospitalized in the SICU following a gunshot wound to the abdomen. He on the Bennett 7200 ventilator, with the following settings

$V_t$ : 850 ml

f: 12/min

$FIO_2$ : .40

PEEP: 0

PIP: 40 cm H<sub>2</sub>O

Plateau Pressure 35 cm H<sub>2</sub>O

- i. What is his Static Effective Compliance (SEC)?

$$C_{STATIC} = \frac{.850L}{35 - 0 \text{ cm H}_2\text{O}} = 0.024 \text{ L/cm H}_2\text{O}$$

- ii. What is the normal SEC?

**50 TO 170 mL/cm H<sub>2</sub>O (ROUGHLY ABOUT 100 mL/cm H<sub>2</sub>O)**

- iii. What is his dynamic compliance?

$$C_{DYNAMIC} = \frac{.850L}{40 - 0 \text{ cm H}_2\text{O}} = 0.021 \text{ L/cm H}_2\text{O}$$

- iv. What is the normal dynamic compliance?

**50 TO 80 mL/cm H<sub>2</sub>O – ALTHOUGH THIS IS A VALUE THAT IS RARELY EVALUATED.**

- b. Twenty-four hours later, Mr. Johnson's ventilatory settings are as follows:

$V_t$ : 900 ml

f: 12/min

$FIO_2$ : .50

PEEP; 10 cm H<sub>2</sub>O

PIP: 65 cm H<sub>2</sub>O

Plateau Pressure: 55 cm H<sub>2</sub>O

- i. What is his SEC?

$$C_{STATIC} = \frac{.900L}{55 - 10 \text{ cm H}_2\text{O}} = 0.020 \text{ L/cm H}_2\text{O}$$

- ii. What is his dynamic compliance?

$$C_{DYNAMIC} = \frac{.900L}{65 - 10 \text{ cm H}_2\text{O}} = 0.016 \text{ L/cm H}_2\text{O}$$

- iii. What does this tell you about his lungs? **THEY ARE STIFF.**

- c. Ellen Smith is a 72 year-old female who is in the Thoracic ICU following coronary artery bypass surgery. She has a history of asthma. Her ventilator settings are as follows:

$V_t$ : 800 ml

f: 10/min

$FIO_2$ : .40

PEEP: 0

PIP: 25 cm  $H_2O$

Plateau Pressure: 20 cm  $H_2O$

- i. What is her SEC?

$$C_{STATIC} = \frac{.800L}{20 - 0 \text{ cm } H_2O} = 0.040 \text{ L/cm } H_2O$$

- ii. What is her dynamic compliance

$$C_{DYNAMIC} = \frac{.800L}{25 - 0 \text{ cm } H_2O} = 0.032 \text{ L/cm } H_2O$$

Twelve hours later you notice Ms. Smith's high pressure alarm sounding frequently. Her ventilator settings are:

$V_t$ : 800 ml

f: 10/min

$FIO_2$ : .40

PEEP: 0

PIP: 40 cm  $H_2O$

Plateau Pressure: 20 cm  $H_2O$

- iii. What is her SEC?

$$C_{STATIC} = \frac{.800L}{20 - 0 \text{ cm } H_2O} = 0.040 \text{ L/cm } H_2O$$

- iv. What is her dynamic compliance?

$$C_{DYNAMIC} = \frac{.800L}{40 - 0 \text{ cm } H_2O} = 0.020 \text{ L/cm } H_2O$$

- v. What is the likely cause? What therapy is indicated?

**ACUTE BRONCHOSPASM. TREAT WITH  $\beta_2$ -  
AGONIST AND STEROID THERAPY.**

- d. David Strong is a 21 year-old male who is in the MICU with a drug overdose. His ventilator settings are:

$V_t$ : 800 ml

f: 10/min

$FIO_2$ : .40

PEEP: 0

PIP: 40 cm  $H_2O$

Plateau Pressure: 20 cm  $H_2O$

- i. What is his SEC?

$$C_{STATIC} = \frac{.800L}{20 - 0 \text{ cm } H_2O} = 0.040 \text{ L/cm } H_2O$$

- ii. What does this tell us about his lungs?

**NORMAL LUNGS – INTUBATED & MECHANICALLY VENTILATED PATIENTS WILL HAVE AN EXPECTED LUNG COMPLIANCE OF 40 TO 50 mL/cm  $H_2O$  IN MALES AND 35 TO 45 mL/cm  $H_2O$  IN FEMALES**

Twenty-four hours later his CXR shows evidence of aspiration pneumonia. His ventilator settings are:

$V_t$ : 1,200 ml

f: 12/min

$FIO_2$ : .35

PEEP: 0

PIP: 50 cm  $H_2O$

Plateau Pressure: 45 cm  $H_2O$

- iii. What is his SEC?

$$C_{STATIC} = \frac{1.200L}{45 - 0 \text{ cm } H_2O} = 0.027 \text{ L/cm } H_2O$$

- iv. What does this tell us about his lungs?

**THEY ARE STIFF.**