

## Continuous Bronchodilator Therapy

1. The physician has written an order for Albuterol 10 mg/hr to be administered for six hours. You have a large volume nebulizer that has an output 30 mL/hr. How medication and diluent (saline) do you need?

**YOU WILL NEED TO KNOW THAT albuterol IS A 0.5% SOLUTION, MEANING IT HAS 5 mg/mL.**

$$\text{AMOUNT OF DRUG} = \text{DOSAGE DESIRED} \times \text{DURATION} = \frac{10 \text{ mg}}{\text{hr}} \times 6 \text{ hours} = 60 \text{ mg}$$

$$\text{TOTAL VOLUME} = \text{THERAPY DURATION} \times \text{OUTPUT} = 6 \text{ hr} \times \frac{30 \text{ mL}}{\text{hr}} = 180 \text{ mL}$$

$$\text{DRUG DOSAGE} = \text{DRUG CONCENTRATION vs. AMOUNT OF DRUG} =$$

$$\frac{5 \text{ mg}}{\text{mL}} = \frac{60 \text{ mg}}{\chi}$$

$$(5 \text{ mg})(\chi) = (1 \text{ mL})(60 \text{ mg})$$

$$\chi = \frac{60 \text{ mg} \cdot \text{mL}}{5 \text{ mg}} = 12 \text{ mL}$$

$$\text{DILUENT VOLUME} = \text{TOTAL VOLUME} - \text{DRUG VOLUME} = 180 \text{ mL} - 12 \text{ mL} = 168 \text{ mL}$$

2. The physician has written an order for Terbutaline 5 mg/hr to be administered over the next eight hours. Terbutaline is available as a 0.1 % solution. You have a large volume nebulizer that has an output of 30 mL/hr. How much medication and diluent do you need?

$$\text{AMOUNT OF DRUG} = \text{DOSAGE DESIRED} \times \text{DURATION} = \frac{5\text{mg}}{\text{hr}} \times 8 \text{ hours} = 40 \text{ mg}$$

$$\text{TOTAL VOLUME} = \text{THERAPY DURATION} \times \text{OUTPUT} = 8 \text{ hr} \times \frac{30\text{mL}}{\text{hr}} = 240 \text{ mL}$$

$$\text{DRUG DOSAGE} = \text{DRUG CONCENTRATION vs. AMOUNT OF DRUG} =$$

$$0.1\% = \frac{0.1\text{g}}{100 \text{ mL}} = \frac{100\text{mg}}{100 \text{ mL}} = \frac{1\text{mg}}{\text{mL}}$$

$$\frac{1\text{mg}}{\text{mL}} = \frac{40 \text{ mg}}{\chi}$$

$$(1\text{mg})(\chi) = (1\text{mL})(40\text{mg})$$

$$\chi = \frac{40\text{mg} \cdot \text{mL}}{1\text{mg}} = 40 \text{ mL}$$

$$\text{DILUENT VOLUME} = \text{TOTAL VOLUME} - \text{DRUG VOLUME} = 240 \text{ mL} - 40 \text{ mL} = 200 \text{ mL}$$

3. The physician has written an order for Albuterol 8 mg/hr to be administered for eight hours. You have a large volume nebulizer that has an output 40 mL/hr. How medication and diluent (saline) do you need?

$$\text{AMOUNT OF DRUG} = \text{DOSAGE DESIRED} \times \text{DURATION} = \frac{8\text{mg}}{\text{hr}} \times 8 \text{ hours} = 64\text{mg}$$

$$\text{TOTAL VOLUME} = \text{THERAPY DURATION} \times \text{OUTPUT} = 8 \text{ hr} \times \frac{40\text{mL}}{\text{hr}} = 320 \text{ mL}$$

**DRUG DOSAGE = DRUG CONCENTRATION vs. AMOUNT OF DRUG =**

$$0.5\% = \frac{0.5\text{g}}{100 \text{ mL}} = \frac{500\text{mg}}{100 \text{ mL}} = \frac{5\text{mg}}{\text{mL}}$$

$$\frac{5\text{mg}}{\text{mL}} = \frac{64 \text{ mg}}{\chi}$$

$$(5\text{mg})(\chi) = (1\text{mL})(64\text{mg})$$

$$\chi = \frac{64\text{mg} \cdot \text{mL}}{5\text{mg}} = 12.8 \text{ mL}$$

$$\text{DILUENT VOLUME} = \text{TOTAL VOLUME} - \text{DRUG VOLUME} = 320 \text{ mL} - 12.8 \text{ mL} = 307.2 \text{ mL} = 307 \text{ mL}$$